

**O.A. REGION 6 CONVENTION 2008 • PLYMOUTH, MA • OCTOBER 24-26, 2008**  
**DISCOVERY 2008 CD ORDER FORM**

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**Main Meetings**

- 01: Anchors OA: Launching Discovery '08
- 02: Altered States: Body Image
- 03: Easy Does It, But Do It: Procrastination
- 04: Trust God and Buy the Broccoli: Humor
- 05: From Nowhere to Now Here
- 06: General Session Keynote Speaker (Friday Night)
- 07: Forgive and Let Live
- 08: Freedom From Bondage of Shelf: Changing Your Thinking
- 09: Making Your Program Portable
- 10: Caring For Yourself As You Care For Others
- 11: Spiritual Journey: Conscious Contact with HP
- 12: 13 Colonies: Outposters - When You Can't Be There in Person
- 13: 13 Colonies: GLBT
- 14: Mirror, Mirror...Body Image
- 15: God is My Waiter: Ask for What You Need
- 16: 13 Colonies: Longtimers
- 17: I Put My Hand in Yours: 12th Step Within
- 18: 13 Colonies: Couples in OA
- 19: 13 Colonies: Anorexics & Bulimics
- 20: We are Family: OA as a Whole
- 21: 13 Colonies: Women's Focus
- 22: Lost & Found: Reconnecting with HP
- 23: 13 Colonies: Men's Focus
- 24: 13 Colonies: Newcomers
- 25: 13 Colonies: 100-lbs or More, Weight Loss
- 26: Virtual Journey: Online Meetings Q&A
- 27: A Vision for OA - What Does the Future Hold for Our Fellowship?
- 28: The Write Way: Putting Pen to Paper
- 29: 13 Colonies: Over 60, Suggested
- 30: 13 Colonies: Under 25, Suggested
- 31: General Session Keynote Speaker (Saturday Night)
- 32: Signposts: The Slogans
- 33: I Can't, You Can, Please Do: Steps 1-3

- 34: 13 Colonies: Recovery From Relapse
- 35: What's Love Got to Do With It?: Sexuality
- 36: F.E.A.R.O.U.T.: The Hidden Principles
- 37: Guided Meditation
- 38: 13 Colonies: 30 lbs or Less, Weight Loss
- 39: General Session Keynote Speaker (Sunday)

**Marathon Meetings**

- M01: The Right Food for the Journey
- M02: Admit, Believe & Commit: Steps 1-3
- M03: Uncover, Discover & Discard: Steps 4-7
- M04: List, Persist & Desist: Steps 8 & 9
- M05: Happy, Joyous & Free: Steps 10-12
- M06: Pilgrim's Progress: In the Beginning...
- M07: Pilgrim's Progress: Staying the Course
- M08: Pilgrim's Progress: Goal Weight... Then What?
- M09: Hungry Eyes: It's Not My Food
- M10: How Sweet It Is: Finding Serenity
- M11: Come Sail OA: Discovery/Recovery
- M12: Senseless Mental Journey: Delusions
- M13: You're the One That I Want: Getting Abstinent
- M14: Anchors OA: Creating A New Home
- M15: Let's Get Physical: It Works If You Work Out
- M16: Spirit in the Sky (and Elsewhere)
- M17: How to Be Care-Getters
- M18: Puritan Living: Keep It Simple
- M19: Phone Meetings (Informational)

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Complete Set of All Meetings .....	\$265.00



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